

CONCORDIA TEXAS TORNADOS

WOMEN'S TRACK & FIELD // 2017 TOP PERFORMANCE LIST

100-METER DASH

Kendall Sheppard	ASC Championships	13.60
Maddison Timmons	Trinity Open	13.63
Maddison Timmons	Cuero Collegiate Relays	13.66
Kendall Sheppard	Trinity Open	14.00
Brooke Camet	Trinity Invitational	14.16w

200-METER DASH

Alexis Amaro	ASC Championships	27.53w
Alexis Amaro	Prairie View A&M Relays	27.58
Maddison Timmons	Cuero Collegiate Relays	27.92
Kendall Sheppard	Texas State Bobcat Invitational	28.15w
Alexis Amaro	Trinity Invitational	28.42w

400-METER DASH

Alexis Amaro	UIW Invitational	1:02.02
Alexis Amaro	Prairie View Relays	1:02.28
Alexis Amaro	ASC Championships	1:02.99
Alexis Amaro	Trinity Invitational	1:03.01
Alexis Amaro	Trinity Open	1:04.16

800-METERS

Kayla Carlove	Prairie View Relays	2:47.50
Kendall Sheppard	CNU Heptathlon/Decathlon	2:59.24
Kendall Sheppard	Texas State Bobcat Invitational	3:08.33
Marisa Cruz	Trinity Open	3:11.67

1,500-METER RUN

Regan Trent	Trinity Invitational	5:33.90
Regan Lain	UIW Invitational	5:42.12
Regan Trent	Trinity Open	5:44.74
Regan Lain	Trinity Invitational	5:46.16
Regan Lain	ASC Championships	5:46.22

5,000-METER RUN

Regan Trent	UIW Invitational	20:27.52
Regan Trent	ASC Championships	20:39.29
Regan Trent	Prairie View Relays	20:54.47
Sarah Parker	ASC Championships	22:19.08
Sarah Parker	UIW Invitational	22:20.02

10,000-METER RUN

Regan Trent	ASC Championships	43:12.67
Sarah Parker	ASC Championships	49:05.19

100-METER HURDLES

Kendall Sheppard	CNU Heptathlon/Decathlon Qualifier	19.18
Kendall Sheppard	Texas State Bobcat Invitational	19.49
Kendall Sheppard	ASC Championships	19.83

4x100-METER RELAY

Gonzalez, Timmons Sheppard, Amaro	Trinity Open	53.19
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4x200-METER RELAY

Farina, Sheppard Camet, Vargas	Trinity Open	2:07.65
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4x400-METER RELAY

Amaro, Williams, Timmons, Gonzalez	Trinity Open	4:29.73
Amaro, Gonzalez, Timmons, Mendez	TLU Bulldog Relays	4:35.60
Amaro, Lain, Trent, Williams	ASC Championships	4:46.70
Williams, Turner, Lain, Vences	TLU Bulldog Relays	5:00.90

SPRINT MEDLEY RELAY (800M)

Amaro, Farina, Sheppard, Timmons	TLU Bulldog Relays	2:01.95
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DISTANCE MEDLEY RELAY

Vences, William, Trent, Lain	TLU Bulldog Relays	15:37.23
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HIGH JUMP

Alexis Amaro	ASC Championships	1.38m (4'6.25")
Kendall Sheppard	CNU Heptathlon/Decathlon Qualifier	1.31m (4'3.50")
Alexis Amaro	UIW Invitational	1.30m (4'3.25")
Kendall Sheppard	Prairie View Relays	1.27m (4'2.00")

LONG JUMP

Kendall Sheppard	Prairie View Relays	4.82m (15'9.75")
Kendall Sheppard	ASC Championships	4.71m (15'5.5")
Kendall Sheppard	Trinity Open	4.54mw (14'10.75")
Kendall Sheppard	CNU Heptathlon/Decathlon Qualifier	4.51mw (14'9.75")
Kendall Sheppard	UIW Invitational	4.42m (14'6")

SHOT PUT

Stefanie Saenz	Trinity Invitational	11.30m (37'1")
Stefanie Saenz	Prairie View Relays	10.99m (36'0.75")
Stefanie Saenz	UIW Invitational	10.86m (35'7.75")
Stefanie Saenz	ASC Championships	10.58m (34'8.5")
Stefanie Saenz	Trinity Open	10.55m (34'7.5")

DISCUS

Stefanie Saenz	Prairie View Relays	32.50m (106'7")
Stefanie Saenz	Trinity Invitational	31.63m (103'9")
Stefanie Saenz	Trinity Open	30.73m (100'10")
Stefanie Saenz	Cuero Collegiate Relays	30.71m (100'9")
Stefanie Saenz	TLU Bulldog Relays	30.56m (100'03")

HAMMER

Stefanie Saenz	ASC Championships	27.30m (89'7")
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JAVELIN

Kendall Sheppard	ASC Championships	30.24m (99'2")
Stefanie Saenz	ASC Championships	27.67m (90'9")
Kendall Sheppard	Texas State Bobcat Invitational	27.32m (89'7")
Stefanie Saenz	Trinity Invitational	27.14m (89'0")
Kendall Sheppard	UIW Invitational	26.65m (87'5")

HEPTATHLON

Kendall Sheppard	CNU Heptathlon/Decathlon Qualifier	2930
Kendall Sheppard	Texas State Bobcat Invitational	2439